Government of Jammu and Kashmir
General Administration Department
Civil Secretariat, J&K.

Subject: Observance of National SADHANA Saptah (2nd to 8th April 2026) and Mandatory Learning Directives – Regarding.

Circular No.10-JK(GAD) of 2026
Dated:30.03.2026

The Capacity Building Commission (CBC), in collaboration with the Department of Personnel & Training (DoPT) and Karmayogi Bharat, is organizing a National SADHANA (Strengthening Adaptive Development and Humane Aptitude for National Advancement) Saptah from **2nd to 8th April 2026** across all States, Union Territories (UTs), and Central Government Ministries, Departments, and Organizations (MDOs). The commencement of this Saptah marks the Foundation Day of the CBC and commemorates over five years of Mission Karmayogi.

This week-long initiative seeks to strengthen a culture of continuous learning and competency development across the civil services. In this year's edition, all activities are anchored in the evolving governance landscape shaped by rapid technological change, attention to Indian Knowledge Systems, and an increasing emphasis on citizen-centric governance—encapsulated by the theme: **Technology, Tradition, and Tangible Outcomes.**

To achieve these objectives, all employees registered on the iGOT Karmayogi portal are encouraged to undertake curated learning pathways and complete competency-linked courses during the Saptah. Furthermore, keeping in view that capacity building in Artificial Intelligence (AI) is a key focus area, employees are encouraged to learn about AI using the indicative list of relevant courses attached as Annexure-I, in addition to building functional and behavioral competencies by completing free, advanced-level courses available on the Karmayogi Marketplace (Annexure-II). Additionally, to ensure inclusivity and accessibility during SADHANA Saptah, a list of multilingual course packages is enclosed as Annexure-III. These serve as supplementary resources, and employees are highly encouraged to utilize them to complete relevant training in their preferred languages.

Accordingly, all Administrative Secretaries/ HoDs are requested to ensure compliance by directing the employees under their administrative control to complete at least four hours of AI/ role-aligned learning on the iGOT Karmayogi platform during the SADHANA Saptah from 2nd to 8th April 2026, and to actively monitor this progress by submitting a daily Action Taken Report (ATR) detailing the number of course enrollments and completions. Furthermore, a final consolidated compliance report must be submitted to the General Administration Department immediately post-culmination of the Saptah.

Sd/-
(M. Raju) IAS
Commissioner/ Secretary to the Government

No: GAD-MTG0GENL/2/2026 Dated: 30.03.2026

Copy to the:

1. All Financial Commissioners (Additional Chief Secretaries).
2. Additional Chief Secretary to the Hon'ble Chief Minister, J&K.

3. Additional Secretary, (UT Division), Ministry of Home Affairs, GoI, New Delhi.
4. Director General of Police, J&K.
5. All Principal Secretaries to the Government.
6. Principal Secretary to Hon'ble Lieutenant Governor.
7. Chief Electoral Officer, J&K.
8. Joint Secretary (JKL), Ministry of Home Affairs, GoI, New Delhi.
9. All Commissioner/Secretaries to the Government.
10. Divisional Commissioner, Kashmir/Jammu.
11. Principal Resident Commissioner, J&K Government, New Delhi.
12. Chairperson, J&K Special Tribunal.
13. Director General, J&K Institute of Management, Public Administration and Rural Development.
14. Secretary, J&K Public Service Commission.
15. All Heads of the Department/Managing Directors.
16. All Deputy Commissioners.
17. Director Estates, Jammu/Kashmir
18. Director, Archives, Archaeology and Museums, J&K.
19. Director Information, J&K.
20. Secretary, J&K, Service Selection Board.
21. Private Secretary to Hon'ble Deputy Chief Minister.
22. General Manager, Government Press, Jammu/Srinagar
23. Private Secretaries to all Hon'ble Ministers.
24. Private Secretary to Advisor to Hon'ble Chief Minister.
25. Private Secretary to the Chief Secretary, J&K.
26. Private Secretary to Commissioner/Secretary to the Government, General Administration Department.
27. Incharge Website, GAD.
28. Government order File/Stock file. **"Hindi and Urdu version order shall follow".**

30/3/26

Jaffar Hussain
Deputy Secretary to the Government

कार्मिक एवं प्रशिक्षण विभाग, भारत सरकार
DEPARTMENT OF PERSONNEL & TRAINING
GOVERNMENT OF INDIA

कर्मयोगी भारत
लोकहितं मम करणीयम्

CAPACITY BUILDING COMMISSION

Sādhana

Strengthening Adaptative Development and Humane Aptitude for National Advancement

सप्ताह

हम बनें कर्मयोगी...

2nd April - 8th April 2026

Sadhana Saptah (2–8 April 2026) is a nationwide initiative aimed at strengthening governance capabilities through continuous learning and capacity building across Ministries, Departments, and State Governments.

All government employees are encouraged to complete a minimum of 4 hours of learning during the Saptah.

Completion of any one of the iGOT Marketplace courses will lead to the award of the ***'Karmayogi Utkarsh'*** **Badge** and a digital certificate, and completion of at least three Artificial Intelligence courses from the ***'AI Daksh Program'*** will lead to the award of the ***'AI Daksh'*** **Badge**.

ANNEXURE-I

AI Daksh Program

Course Name	Course Provider	Course Duration
Artificial Intelligence for Public Governance	Kyndryl & Data Security Council of India	2h 42 mins
Large Language Models: Concepts and Applications	IT Hyderabad	1h 31 mins
Deep Tech and India	ORF	53 mins
AI in Government: Transforming Public Service Delivery	Indian Institute of Science (IISc) Bengaluru	1h 16 mins
Artificial Intelligence for Karmayogis	Karmayogi Bharat - Fractal	1h 34 mins
YUVA AI for All	India AI Mission	3h 50 mins
युवा एआई फॉर ऑल	India AI Mission	3h 50 mins
Fundamentals of Generative Artificial Intelligence	IIT Madras	58 mins
Introduction to Artificial Intelligence	IIT Madras	1h 2 mins
AI Applications in Government	NeGD	1h 8 mins
आर्टिफ़िशियल इंटेलिजेंस की मूल बातें: सीखना अनुप्रयोग और नैतिकता	Microsoft	1h 34 mins
प्रशासन के लिए उत्तरदायी एआई का उपयोग	Wadhwani Foundation	44 mins
सुशासन में एआई नैतिकता	Wadhwani Foundation	1h 13 mins
Artificial Intelligence in Finance	XLRI	1h 44 mins
Core Areas of Artificial Intelligence	IIT Madras	45 mins
Advanced Prompt Engineering for Everyone	Vanderbilt University	8h 40 mins
Build and Execute an Organisational AI Strategy	Coursera	5h 52 mins
AI for Education (Intermediate)	Kennesaw State University	5h 25 mins
AI for Energy and Biomedical Applications	University of Michigan	6h 49 mins
Governing with Artificial Intelligence	Kyndryl	3h 48mins

ANNEXURE-II

iGOT Recommended Marketplace Courses

Course Name	Course Provider	Course Duration
Strategy and Game Theory for Management	IIM Ahmedabad	32h 42mins
Leadership Skills	IIM, Ahmedabad	46h 11mins
Law, Governance, and Public Policy	O.P.Jindal Global University	18h 37mins
Introduction to Quantum Information	Korea Advanced Institute of Science and Technology(KAIST)	10h 48mins
Negotiation Fundamentals	ESSEC Business School	8h 39mins
Analysis and Interpretation of Large-Scale Programs	Johns Hopkins University	21h 6mins
Build and Execute an Organisational AI Strategy	Coursera Instructor Network	5h 52mins
Forest Carbon Credits and Initiatives	Michigan State University	6h
Design Thinking and Predictive Analytics for Data Products	University of California San Diego	8h 25mins
Effective Engagement of Civil Society in Development	Erasmus University Rotterdam	13h 19mins
Blockchain Platforms	University at Buffalo, The State university of New York	16h 16mins
Trade and Investment: Evidence -based policies for development	Erasmus University, Rotterdam	17h 2mins
Foundations of Cybersecurity	Google	10h 10mins

ANNEXURE-III

iGOT Recommended Multilingual Course package

Hindi

Course Name	Course Provider Name	Course Duration
कर्मयोगी क्षमता कनेक्ट	Karmayogi Bharat	01:12:10
तनाव मुक्त होने की प्रभावी तकनीकें	The Art of Living	02:30:27
विकसित भारत २०४७	Karmayogi Bharat	01:09:41
एक्सेल की बुनियादी जानकारी	Microsoft	01:50:31
लोक नीति लेखन	Indian School of Public Policy	02:05:49
डिजिटल वैयक्तिक डाटा संरक्षण अधिनियम 2023	Institute of Secretariat Training and Management	01:08:25

Marathi

Course Name	Translated Course Name	Course Provider Name	Course Duration
कर्मयोगी क्षमता कनेक्ट	Karmayogi Kshamata Connect	Karmayogi Bharat	01:12:10
प्रेरणा समजून घेणे	Understanding Motivation	Lal Bahadur Shastri National Academy of Administration (LBSNAA)	01:35:38
विकसित भारत २०४७	Viksit Bharat 2047	Karmayogi Bharat	01:03:41
महाराष्ट्र ॲसेट रजिस्ट्री प्रणालीचीओळख: महासंपत्ती	Introduction to Maharashtra Asset Registry System: Mahasampatti	Planning Department	01:11:44
मिशन कर्मयोगीचे आकलन	Understanding Mission Karmayogi	Karmayogi Bharat	01:07:24

Kannada

Course Name	Translated Course Name	Course Provider Name	Course Duration
ಕರ್ಮಯೋಗಿ ಕ್ಷಮಾತಾ ಸಂಪರ್ಕ	Karmayogi Kshamata Connect	Karmayogi Bharat	01:12:10
ಯೋಗ ಬ್ರೇಕ್ ಅಟ್ ವರ್ಕ್‌ಪ್ಲೇಸ್	Yoga break at workplace	Morarji Desai National Institute of Yoga (MDNIY)	00:22:54
ಪರಿಣಾಮಕಾರಿ ಸಂವಹನ	Effective communication	Indian Institute Of Management Bangalore	02:43:24

ಸಾಮಾಜಿಕ ನ್ಯಾಯ ಮತ್ತು ಸಮಾನತೆ ಖಾತರಿಪಡಿಸಲು ಇಲಾಖೆಗಳ ಒಗ್ಗೂಡಿಸುವಿಕೆ	Convergence of departments to ensure social justice and equality	AT-ADMINISTRATIVE TRAINING INSTITUTE MYSORE (KARNATAKA)	00:29:23
ಕರ್ನಾಟಕ ನಾಗರಿಕ ಸೇವಾ ನಡತೆ ನಿಯಮಗಳು - 2021	Karnataka Civil Services Conduct Rules - 2021	Karnataka Government Secretariat Training Institute	01:53:42
ಮಕ್ಕಳ ಹಕ್ಕುಗಳು	Children's rights	AT-ADMINISTRATIVE TRAINING INSTITUTE MYSORE (KARNATAKA)	00:20:27
ರಸ್ತೆ ಸಂಚಾರ ಅಪಘಾತ ನಿರ್ವಹಣೆ	Road traffic accident management	Karnataka Police Academy (KPA) Mysuru	00:22:46

Telugu

Course Name	Translated Course Name	Course Provider Name	Course Duration
కర్మయోగి క్షమాట కనెక్ట్	Karmayogi Kshamata Connect	Karmayogi Bharat	01:12:10
గవర్నెన్స్ కోసం డేటా మరియు ఆధారాల వినియోగంలో కేస్ స్టడీస్	Case studies on the use of data and evidence for governance	J-PAL SA	01:45:54
యోగా విరామం ఉద్యోగ స్థలంలో	Yoga break at workplace	Morarji Desai National Institute of Yoga (MDNIY)	00:22:54
ప్రభావవంతమైన సంభాషణ	Effective communication	Indian Institute Of Management Bangalore	02:27:47
వికసిత భారత్ 2047: దిశానిర్దేశం	Viksit Bharat 2047: Vision/Direction	Karmayogi Bharat	01:03:41
ప్రజా విధానం యొక్క ప్రాథమిక అంశాలు	Fundamentals of public policy	Indian School of Public Policy	02:31:47

Gujarati

Course Name	Translated Course Name	Course Provider Name	Course Duration
કર્મયોગી ક્ષમાતા કનેક્ટ	Karmayogi Kshamata Connect	Karmayogi Bharat	01:12:10
Women Self Defense Techniques Course (Gujarati)	Women Self Defense Techniques Course (Gujarati)	Central Reserve Police Force (CRPF)	00:19:40
કાર્યસ્થળ પર યોગ બ્રેક	Yoga break at workplace	Morarji Desai National Institute of Yoga (MDNIY)	00:22:54
જળ સુરક્ષા વધારવી: જળાશય પુનર્જીવિકરણની પ્રક્રિયા	Improving water security: Process of water body rejuvenation	A T E Chandra Foundation	01:32:23
Ayushman Digital Health Mission for Doctors_Gujarati	Ayushman Digital Health Mission for Doctors - Gujarati	National Health Authority	01:20:46
ગુજરાત જમીન મહેસૂલ નિયમો ૧૯૭૨: પ્રકરણ ૧૭ થી ૨૨	Gujarat Land Revenue Rules, 1972: Chapters 17 to 22	Sardar Patel Institute of Public Administration (SPIPA)	00:55:12
જાહેર નીતિ લેખન	Public policy writing	Indian School of Public Policy	02:05:49

Odia

Course Name	Translated Course Name	Course Provider Name	Course Duration
କର୍ମଯୋଗୀ କ୍ଷମାତା ସଂଯୋଗ	Karmayogi Kshamata Connect	Karmayogi Bharat	1:12:10
ଭାରତୀୟ ନାଗରିକ ସୁରକ୍ଷା ସଂହିତା: ଧାରା ୧୭୩ - ୧୯୩	Indian Civil Defence Code: Sections 173–193	Odisha Police	0:43:45
ପ୍ରଭାବଶାଳୀ ଯୋଗାଯୋଗ	Effective communication	Indian Institute Of Management Bangalore	2:39:31
କିପରି ଭାବପ୍ରବଣତା ର ଅଂଶର ପରିଧିକୁ ବଢାଇବା	How to expand the scope of emotional intelligence	The Art of Living	0:55:37
Ayushman Bharat Digital Mission for Doctors_Odia	Ayushman Bharat Digital Mission for Doctors - Odia	National Health Authority	1:23:53

ବିପର୍ଯ୍ୟୟ ପ୍ରସ୍ତୁତି ପାଇଁ କଣ କରିବେ ଏବଂ କଣ କରିବେ ନାହିଁ	Do's and Don'ts for disaster preparedness	National Institute of Disaster Management - NIDM	1:05:00

Assamese

Course Name	Translated Course Name	Course Provider Name	Course Duration
কৰ্মযোগী ক্ষমাতা সংযোগ কৰক	Karmayogi Kshamata Connect	Karmayogi Bharat	01:12:10
Ayushman Bharat Digital Mission for Doctors-Assamese	Ayushman Bharat Digital Mission for Doctors - Assamese	National Health Authority	01:24:27
Common Yoga Protocol-Assamese	Common Yoga Protocol - Assamese	Morarji Desai National Institute of Yoga (MDNIY)	00:51:53
দুৰ্যোগ ব্যৱস্থাপনা আৰু প্ৰস্তুতি	Disaster management and preparedness	National Disaster Response Force (NDRF)	00:39:41
সম্প্ৰদায়ভিত্তিক স্বাস্থ্য আৰু প্ৰথম সহায়	Community-based health and first aid	National Disaster Response Force (NDRF)	00:32:33